

YOUTH & RECREATION YOUTH SPORTS

UPDATED: April 7, 2023



STAFF CONTACTS

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SPRING REGISTRATION INFORMATION

• **SPRING SESSION 1:** April 22 – June 3 (7 weeks)

NO CLASSES MONDAY MAY 29, 2023

• YMCA Member Registration: Monday, February 27, 2023 General Public Registration: Monday, March 13, 2023

PRESCHOOL CLASSES

KICK START SOCCER

Kick Start Soccer allows you as the parent/adult to participate along with your child. Instruction will include basic skills and techniques. Through group games and fun drills, your child will learn fundamentals of soccer such as dribbling, passing, and shooting, as well as providing opportunities to build motor skills and coordination. Session runs March 30 – May 11, 2023 Class Max: 14

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Kick Start Soccer	North Gym	3-4 years	TH	5:00 PM	5:40 PM	\$10	\$25	\$50

YOUTH SPORTS SKILLS/CLASSES

KINDER GYM (AGES 5-6)

Kids Gym provides age appropriate fitness in a structured environment. It introduces a wide variety of activities that build coordination, balance, and confidence.

Session runs March 30 – May 11, 2023 Class Max: 12

Class Name	Location	Age	Day	Start	End	Y Member	General Public	
Kids Gym	North Gym	5-6 Years	TH	6:00 PM	6:40 PM	\$25	\$50	

YOUTH SPORTS LEAGUES

- An Informational welcome letter, rosters, and schedules emailed the Wednesday before the start of the session.
- Times listed below are the range of times that the game is played.
- Grades K-1 (45 min) 2-3 (60 min) 4-6 (60 min)
- Game times are determined after registration is closed.
- Final schedule for rosters and games confirmed by the Wednesday before the first Saturday.
- YMCA jerseys are mandatory for all youth sports leagues and can be purchased (and reused) for \$15 each at the Member Services Desk.
- **SOCCER:** Shin guards are required. Soccer cleats recommended. NO baseball cleats allowed.
- Please arrive no more than 10 minutes prior to the start time of your leagues games.
- **VOLUNTEER YOUTH SPORTS COACHES** <u>ALWAYS</u> needed for all youth sports programs. Helping youth grow in skills and self-confidence is rewarding and fun!
- A \$10 late fee will apply for league registration after the listed deadline.

OUTDOOR SOCCER LEAGUE

The Y recognizes soccer as having excellent fitness and social benefits. This program will allow each participant the opportunity to learn the basic skills and fundamentals of soccer. Saturday week 1 & 2 will be an introduction to teams and practice only. Weeks 3-7 will be games. K-6 leagues run 1 hour within the range listed below. **Game times will vary pending registrations.**

Registration deadline is April 11; \$10 late fee applied to all registrations after April 11. Session runs Saturdays April 22 – May 13, 2023

Class Name	Location	Age	Day	Start	End	Y Family Member	Y Youth Member	General Public
Outdoor Soccer League	Soccer Fields	Grade K-1	SA	9:00 AM	12:30 PM	\$10	\$45	\$90
Outdoor Soccer League	Soccer Fields	Grade 2-3	SA	9:00 AM	12:30 PM	\$10	\$45	\$90
Outdoor Soccer League	Soccer Fields	Grade 4-6	SA	9:00 AM	12:30 PM	\$10	\$45	\$90