



AQUATICS ARC CERTIFICATION

UPDATED: July 31, 2023

Register
Online
NOW



STAFF CONTACT

McKenzi Klasinski, Aquatics Director, P 715.952.9377 E mklasinski@spymca.org

OFF SITE TRAINING:

Does your business or group want an instructor to come to you? Please contact our Aquatics Director.

FALL AMERICAN RED CROSS CLASS OFFERINGS

AMERICAN RED CROSS: LIFEGUARD TRAINING (Ages 15+)

Lifeguard training courses are blended learning which will require an online component and in-person skills sessions. This course includes lifeguard training, CPR for professional rescuers, AED, and first aid. The total length of this course is designed to be 10 hours online and 20 hours in the classroom. Participants must complete a prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading water, and a timed brick retrieval. Course graduates ages 15 and older are encouraged to apply for YMCA employment. **Class Max: 10**

Y Staff: Free, Y Member: \$230, General Public: \$300

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
10/20/2023 Friday 10/21/2023 Saturday 10/22/2023 Sunday	20- 5:00pm-7:30pm 21- 8:00am-5:00pm 22- 8:00am-4:30pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	10/13/2023
12/1/2023 Friday 12/2/2023 Saturday 12/3/2023 Sunday	1- 5:00pm-7:30pm 2- 8:00am-5:00pm 3- 8:00am-4:30pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	11/24/2023

***A lunch break will be provided on Saturday and Sunday ***

Lifeguarding Recertification: (Ages 15+)

Lifeguard re-certification courses are for those who currently hold a valid lifeguard certification or the certification is no more than **30 Days Expired**. The total course length for this class is designed to be 9 hours long. Participants must complete the prerequisite skills test which includes swimming 300 continuous yards, 2 minutes of treading and a timed brick retrieval. Successful completion of the review extends the individuals certification for two more years. **Class Max: 10**

Y Staff: Free, Y Member: \$130, General Public: \$200

Class Dates	Course Schedule	Course Name	Course Location	Sign-up Closed
10/22/2023 Sunday	8:00am-5:00pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	10/13/2023
12/3/2023 Sunday	8:00am-5:00pm	American Red Cross Lifeguard Certification	Conference Room/ Training Pool	11/24/2023

A lunch break will be provided

AMERICAN RED CROSS: Adult and Pediatric First Aid/CPR/AED (Ages 14+)

The American Red Cross First Aid/CPR/AED program provides participants with the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing, and first aid emergencies. Emergencies can happen anytime, anywhere, to anyone. Upon completion of this course participants will receive an American Red Cross Adult and Pediatric First Aid/CPR/AED certification that lasts for two years. Blended learning classes, have an online portion, which must be completed before the start of class. **Class Max: 12**

Y Staff: Free, Y Member: \$85, General Public: \$120

Class Dates	Course Schedule	Class Name	Course Location	Sign-up Closed
9/19/2023	9:00am-11:30am (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	9/12/2023
10/23/2023	4:00pm-6:30pm (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	10/16/2023
11/2/2023	9:00am-11:30am (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	10/26/2023
12/15/2023	9:00am-11:30am (Blended Learning)	Adult and Pediatric First Aid/CRP/AED	Multi-Purpose Room	12/8/2023