

September 2023

Adventure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-8:00 AM Lap Swim (4)	5:00-9:00 AM Lap Swim (4)	5:00-8:00 AM Lap Swim (4)	5:00-9:00 AM Lap Swim (4)	5:00-8:00 AM Lap Swim (4)	6:00AM-Noon Lap Swim (4)
Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)
8:00-8:45 AM Water Ex (3)	9:00-9:45 AM Water Ex (3)	8:00-8:45 AM Water Ex (3)	9:00-9:45 AM Water Ex (3)	8:00-8:45 AM Water Ex (3)	Noon- 1:30 PM Slide/Mushroom
No Open Swim	No Open Swim	Lap Swim (3)	Lap Swim (3)	Lap Swim (3)	Lap Swim (4)
9:30-11:00 AM Swim Lessons	9:30-11:00 AM Swim Lessons	9:30-11:00 AM Swim Lessons	9:30-11:00 AM Swim Lessons	8:45-9:30 AM Lap Swim (4)	
Lap Swim (3)	Lap Swim (3)	No Lap/Open Swim	Lap Swim (3)	Open Swim (2)	
11:00 AM-1:00 PM Lap Swim (4)	11:00-4:30 PM Lap Swim (4)	10:30-11:15 AM Water Ex (2)	11:00- 4:30 PM Open Swim (2)	9:30-11 AM Swim Lessons	Sunday 8:00-11:30 AM Lap Swim (4)
Open Swim (2)	Open Swim (2)	No Lap/ Open Swim	Lap Swim (4)	Lap Swim (3)	Lap Swim (4)
1:00-1:45 PM Lap Swim (3)	4:30-6:35 PM Swim Lessons	11:15-4:30 PM Lap swim (4)	4:30-6:35PM Swim Lessons	10:30-11:15 AM Water Ex (3)	Open Swim (2)
MS Water Ex (3)	No Open/ Lap Swim	Open Swim (2)	Lap Swim (2)	Lap Swim (3)	
1:45-4:30 PM Lap Swim (4)	5:00- 6:00 PM Swim Lessons (3)	4:30-6:35 PM Swim Lessons	5:00 - 6:00 PM Swim Lessons (3)	11:15 - 5:30 PM Lap Swim (4)	
Open Swim (2)	Jr. Dolphins (3)	No Open/Lap Swim	Jr. Dolphins (3)	Open Swim (2)	
4:30-6:35 PM Swim Lessons (4)	6:35-7:30 PM Lap Swim (4)	6:45-7:30 PM Lap Swim (4)	6:35-7:30PM Lap Swim (4)	5:30 - 7:30 PM Slide/Mushroom	
Lap Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Lap Swim (3)	
6:35-7:00 PM Lap Swim (4)					
Open Swim (2)					

Open/Lap Swim
Water Ex
Swimming Lessons
Swim Team
School Age



IMPORTANT

Children 6 and under must be accompanied by a parent/guardian in the water. Children ages 7-12 must have a parent/guardian on the pool deck providing adult supervision to their children in the pool. Ages 16+ may be considered the supervising guarding for siblings.

Open Swim: Open to members and guests with a day pass. Slide and mushroom will be on during Family Open Swim

Lap Swim: Lanes are available for members to swim or walk laps. Up to 2 people per lane.

Private Lessons: Are allowed to use any space in the pool, including lap lanes.

*** Due to staffing, there is no Open/Lap Swim during program times.**

*** This Schedule is Subject to Change ***

*** All Pools Close 30 Minutes Prior to Y Close ***