



WORK AT THE Y

Certified Yoga Instructor

\$15.00/hour

PART-TIME

We are looking for a qualified individual to plan and teach Yoga Basics classes on Tuesday nights from 6:15 p.m. to 7:15 p.m. Responsibilities include observing participants and guiding them through proper form and breathing techniques. Actively teach by demonstrating skills and methods of participation.

Qualifications:

- Yoga certification required, RYT 200 preferred.
- Yoga or other exercise teaching experience preferred.
- CPR certification within 60 days of hire.
- Must have demonstrated fitness, leadership, communication and relationship-building skills necessary to successfully teach Yoga.
- Must be able to work with individuals of all fitness levels, and understand the individual challenges with achieving program skills.
- Most importantly, you must believe in the benefits of Yoga and have a desire to share the benefits through teaching. Must be self-motivated, enthusiastic, and have a positive attitude.
- Must possess motivational skills and be able to tactfully correct participant form. Must exhibit the Y core values of respect, responsibility, honesty and caring.



HOW TO APPLY:

A fully completed Stevens Point Area YMCA Employment Application is required. Applications are available at the Member Services desk or online at www.spymca.org/jobs.

The Stevens Point Area YMCA is an equal opportunity employer functioning under an Affirmative Action Plan.

FREE
Y Membership

Flexible
Schedule

Discounts on Y
programs and
Child Care

Internship
Credit/Work
Experience

Y Retirement
Savings Account

Supportive
Community

Inclusive Work
Environment