

January 6- January 18, 2025

Adventure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	6:00AM-12:00PM
Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)
Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)
8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	12:00PM-1:30PM
Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Slide/Mushroom
Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (3)
8:45AM-1:00PM	9:45AM-5:15PM	8:45AM-10:00AM	9:45AM-5:15PM	8:45AM-10:30AM	
Open Swim (2)	Open Swim (2)	Lap Swim (4)	Open Swim (2)	Open Swim (2)	
Lap Swim (4)	Lap Swim (4)	Open Swim (2)	Lap Swim (4)	Lap Swim (4)	
1:00PM-1:45PM	5:15PM-6:00PM	10:00AM-10:45AM	5:15PM-6:00PM	10:30AM-11:15AM	
MS Water Ex (3)	Open Swim (2)	Water Ex (4)	Junior Dolphins (3)	Water Ex (4)	
Lap Swim (3)	Junior Dolphins (3)	Lap Swim (2)	Open Swim (2)	Lap Swim (2)	
1:45PM-7:30PM	6:00PM-7:30PM	10:45AM-7:30PM	6:00PM-7:30PM	11:15AM-5:30PM	
Lap Swim (4)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	
Open Swim (2)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	
				5:30PM-7:30PM	Sunday
				Slide/Mushroom	8:00AM-11:30AM
				Lap Swim (4)	Open Swim (2)
					Lap Swim (4)
					12:00PM-3:30PM
					Slide/Mushroom
					Lap Swim (4)

Open/Lap Swim
Water Ex
Swimming Lessons
Swim Team
Slide/Mushroom
Pool Closed
Sensory Friendly Swim

Training Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	6:00AM-1:30PM
CLOSED	Closed	CLOSED	CLOSED	CLOSED	CLOSED
3:30PM-7:30PM	4:15PM-7:45PM	3:30PM-6:45PM	4:15PM-7:45PM	3:30PM-6:30PM	CLOSED
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	

Water Ex
Pool Closed
Swim Team
Lap Swim

*** All Pools Close 30 Minutes Prior to Y Close ***

IMPORTANT!
 All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating
 Private swim lessons may use any space in the pool during the hours of operation.

*** This Schedule is Subject to Change ***

Updated 12/30/2024 by MK