

Winter 2: Jan 19-March 15, 2025

Adventure Pool Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|---------------------|------------------|---------------------|-----------------|----------------|
| 5:00AM-8:00AM | 5:00AM-9:00AM | 5:00AM-8:00AM | 5:00AM-9:00AM | 5:00AM-8:00AM | 6:00AM-12:00PM |
| Lap Swim (4) | Lap Swim (4) | Lap Swim (4) | Lap Swim (4) | Lap Swim (4) | Lap Swim (4) |
| Open Swim (2) | Open Swim (2) | Open Swim (2) | Open Swim (2) | Open Swim (2) | Open Swim (2) |
| 8:00AM-8:45AM | 9:00AM-9:45AM | 8:00AM-8:45AM | 9:00AM-9:45AM | 8:00AM-8:45AM | 12:00PM-1:30PM |
| Water Ex (4) | Water Ex (4) | Water Ex (4) | Water Ex (4) | Water Ex (4) | Slide/Mushroom |
| Lap Swim (2) | Lap Swim (2) | Lap Swim (2) | Lap Swim (2) | Lap Swim (2) | Lap Swim (3) |
| 9:30AM-10:50AM | 9:30AM-11:00AM | 8:45AM-10:00AM | 9:30AM-11:00AM | 8:45AM-10:30AM | |
| Swim Lessons (3) | Swim Lessons (3) | Lap Swim (4) | Swim Lessons (3) | Open Swim (2) | |
| Lap Swim (3) | Lap Swim (2) | Open Swim (2) | Lap Swim (2) | Lap Swim (4) | |
| 10:50AM-1:00PM | 11:00AM-4:30PM | 10:00AM-10:45AM | 11:00AM-4:30PM | 10:30AM-11:15AM | |
| Open Swim (2) | Open Swim (2) | Water Ex (4) | Open Swim (2) | Water Ex (4) | |
| Lap Swim (4) | Lap Swim (4) | Lap Swim (2) | Lap Swim (3) | Lap Swim (2) | |
| 1:00PM-1:45PM | 4:30PM-5:15PM | 10:45AM-4:30PM | 4:30PM-5:15PM | 11:15AM-5:30PM | |
| MS Water Ex (3) | Swim Lessons (3) | Open Swim (2) | Swim Lessons (3) | Open Swim (2) | |
| Lap Swim (3) | Lap Swim (3) | Lap Swim (4) | Lap Swim (3) | Lap Swim (4) | |
| 1:45PM-4:30PM | 5:15PM-6:00PM | 4:30PM-7:30PM | 5:15PM-6:00PM | 5:30PM-7:30PM | Sunday |
| Lap Swim (4) | Junior Dolphins (3) | Swim Lessons (3) | Junior Dolphins (3) | Slide/Mushroom | 8:00AM-11:30AM |
| Open Swim (2) | Swim Lessons (3) | Lap Swim (3) | Swim Lessons (3) | Lap Swim (4) | Lap Swim (4) |
| 4:30PM-7:30PM | 6:00PM-7:00PM | | 6:00PM-7:00PM | | Open Swim (2) |
| Swim Lessons (3) | Swim Lessons (3) | | Swim Lessons (3) | | 12:00PM-3:30PM |
| Lap Swim (3) | Adapted Rec (3) | | Adapted Rec (3) | | Slide/Mushroom |
| | 7:00PM-7:30PM | | 7:00PM-7:30PM | | Lap Swim (4) |
| | Swim Lessons (3) | | Lap Swim (4) | | |
| | Lap Swim (3) | | Swim Lessons (3) | | |

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| Open/Lap Swim |
| Water Ex |
| Swimming Lessons |
| Swim Team |
| Slide/Mushroom |
| Pool Closed |
| Adapted Rec |

Training Pool Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|---------------|---------------|---------------|---------------|---------------|
| 5:00AM-3:30PM | 5:00AM-4:15PM | 5:00AM-3:30PM | 5:00AM-4:15PM | 5:00AM-3:30PM | 6:00AM-1:30PM |
| CLOSED | Closed | CLOSED | CLOSED | CLOSED | CLOSED |
| 3:30PM-7:30PM | 4:15PM-7:45PM | 3:30PM-6:45PM | 4:15PM-7:45PM | 3:30PM-6:30PM | CLOSED |
| Swim Team | Swim Team | Swim Team | Swim Team | Swim Team | |

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| Water Ex |
| Pool Closed |
| Swim Team |
| Lap Swim |

* All Pools Close 30 Minutes Prior to Y Close *

IMPORTANT!
 All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating
 Private swim lessons may use any space in the pool during the hours of operation.

* This Schedule is Subject to Change *

Updated 1/7/2025 MK