

Spring 2025: March 23-May 10 Adventure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	5:00AM-9:00AM	5:00AM-8:00AM	6:00AM-12:00PM
Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)
Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Open Swim (2)
8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	9:00AM-9:45AM	8:00AM-8:45AM	12:00PM-1:30PM
Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Water Ex (4)	Slide/Mushroom
Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (2)	Lap Swim (3)
9:30AM-10:50AM	9:30AM-11:00AM	8:45AM-10:00AM	9:30AM-11:00AM	8:45AM-10:30AM	
Swim Lessons (3)	Swim Lessons (3)	Lap Swim (4)	Swim Lessons (3)	Open Swim (2)	
Lap Swim (3)	Lap Swim (2)	Open Swim (2)	Lap Swim (2)	Lap Swim (4)	
10:50AM-1:00PM	11:00AM-4:30PM	10:00AM-10:45AM	11:00AM-4:30PM	10:30AM-11:15AM	
Open Swim (2)	Open Swim (2)	Water Ex (4)	Open Swim (2)	Water Ex (4)	
Lap Swim (4)	Lap Swim (4)	Lap Swim (2)	Lap Swim (3)	Lap Swim (2)	
1:00PM-1:45PM	4:30PM-5:15PM	10:45AM-4:30PM	4:30PM-5:15PM	11:15AM-5:30PM	
MS Water Ex (3)	Swim Lessons (3)	Open Swim (2)	Swim Lessons (3)	Open Swim (2)	
Lap Swim (3)	Lap Swim (3)	Lap Swim (4)	Lap Swim (3)	Lap Swim (4)	
1:45PM-4:30PM	5:15PM-6:00PM	4:30PM-7:30PM	5:15PM-6:00PM	5:30PM-7:30PM	Sunday
Lap Swim (4)	Junior Dolphins (3)	Swim Lessons (3)	Junior Dolphins (3)	Slide/Mushroom	8:00AM-11:30AM
Open Swim (2)	Swim Lessons (3)	Lap Swim (3)	Swim Lessons (3)	Lap Swim (4)	Lap Swim (4)
4:30PM-7:30PM	6:00PM-7:00PM		6:00PM-7:00PM		Open Swim (2)
Swim Lessons (3)	Swim Lessons (3)		Swim Lessons (3)		12:00PM-3:30PM
Lap Swim (3)	Adapted Rec (3)		Adapted Rec (3)		Slide/Mushroom
	7:00PM-7:30PM		7:00PM-7:30PM		Lap Swim (4)
	Swim Lessons (3)		Lap Swim (4)		
	Lap Swim (3)		Swim Lessons (3)		

Open/Lap Swim
Water Ex
Swimming Lessons
Swim Team
Slide/Mushroom
Pool Closed
Adapted Rec

Training Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	5:00AM-4:15PM	5:00AM-3:30PM	6:00AM-1:30PM
CLOSED	Closed	CLOSED	CLOSED	CLOSED	CLOSED
3:30PM-7:30PM	4:15PM-7:45PM	3:30PM-6:45PM	4:15PM-7:45PM	3:30PM-6:30PM	CLOSED
Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	

Water Ex
Pool Closed
Swim Team
Lap Swim

* All Pools Close 30 Minutes Prior to Y Close *

IMPORTANT!
All children under the age of 12 must be accompanied by an adult age 18+ that is on the same membership and participating
Private swim lessons may use any space in the pool during the hours of operation.

* This Schedule is Subject to Change *

Updated 3/18/2025 MK